Claims

1. A quaternary ammonium compound of formula I

and any stereoisomers thereof, wherein

 R_1 is selected from C_1 - C_6 alkyl, - CH_2 -(C_1 - C_4 alkenyl), and - CH_2 -(C_1 - C_6 alkynyl), each of which is optionally substituted with a group selected from phenyl, C_1 - C_4 alkoxy, and hydroxyl; and

X represents an anion of a pharmaceutically acceptable acid.

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2. The compound of claim 1, wherein X is selected from the group consisting of the anions of the following acids: tartaric, hydrochloric, hydrobromic, hydroiodic, sulfuric, phosphoric, nitric, citric, methanesulfonic, CH₃-(CH₂)_n-COOH where n is 0-4, HOOC-(CH₂)n-COOH where n is 1-4, HOOC-CH=CH-COOH, and benzoic.

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3. The compound of claim 1, wherein X is selected from the group consisting of iodide, bromide, and chloride.

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- 4. The compound of claim 1, wherein X is iodide.

The compound of claim 1, wherein X is bromide.

- 6. The compound of claim 1, wherein X is chloride.
- The compound of claim 1, wherein R_1 is methyl.
 - 8. A compound (3S)-3-(2-amino-2-oxo-1,1-diphenylethyl)-1-[2-(2,3-dihydro-1-benzofuran-5-yl)ethyl]-1-methylpyrrolidinium iodide.
- 9. A pharmaceutical composition comprising a therapeutically effective amount of a quaternary ammonium compound of formula I

and any stereoisomers thereof, wherein

 R_1 is selected from C_1 - C_6 alkyl, - CH_2 -(C_1 - C_4 alkenyl), and - CH_2 -(C_1 - C_6 alkynyl), each of which is optionally substituted with a group selected from phenyl, C_1 - C_4 alkoxy, and hydroxyl; and

X represents an anion of a pharmaceutically acceptable acid.

- 10. The pharmaceutical composition of claim 9, wherein the pharmaceutical composition further comprises a suitable pharmaceutical carrier.
- 10 11. A method of treating asthma in a mammal, comprising administering a therapeutically effective amount of a quaternary ammonium compound of formula I to a mammal in need of such a treatment, wherein the compound of formula I has the structure

and any stereoisomers thereof, wherein

 R_1 is selected from C_1 - C_6 alkyl, - CH_2 -(C_1 - C_4 alkenyl), and - CH_2 -(C_1 - C_6 alkynyl), each of which is optionally substituted with a group selected from phenyl, C_1 - C_4 alkoxy, and hydroxyl; and

X represents an anion of a pharmaceutically acceptable acid.

12. A method of treating chronic obstructive pulmonary disease in a mammal, comprising administering a therapeutically effective amount of a quaternary ammonium compound of formula I to a mammal in need of such a treatment, wherein the compound of formula I has the structure

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and any stereoisomers thereof, wherein

 R_1 is selected from C_1 - C_6 alkyl, - CH_2 -(C_1 - C_4 alkenyl), and - CH_2 -(C_1 - C_6 alkynyl), each of which is optionally substituted with a group selected from phenyl, C_1 - C_4 alkoxy, and hydroxyl; and

X represents an anion of a pharmaceutically acceptable acid.

13. A method of treating allergic rhinitis in a mammal, comprising administering a therapeutically effective amount of a quaternary ammonium compound of formula I to a mammal in need of such a treatment, wherein the compound of formula I has the structure

and any stereoisomers thereof, wherein

 R_1 is selected from C_1 - C_6 alkyl, - CH_2 -(C_1 - C_4 alkenyl), and - CH_2 -(C_1 - C_6 alkynyl), each of which is optionally substituted with a group selected from phenyl, C_1 - C_4 alkoxy, and hydroxyl; and

X represents an anion of a pharmaceutically acceptable acid.

14. A method of treating infectious rhinitis in a mammal, comprising administering a therapeutically effective amount of a quaternary ammonium compound of formula I to a mammal in need of such a treatment, wherein the compound of formula I has the structure

and any stereoisomers thereof, wherein

 R_1 is selected from C_1 - C_6 alkyl, - CH_2 -(C_1 - C_4 alkenyl), and - CH_2 -(C_1 - C_6 alkynyl), each of which is optionally substituted with a group selected from phenyl, C_1 - C_4 alkoxy, and hydroxyl; and

X represents an anion of a pharmaceutically acceptable acid.